**Sophia Green – Rheumatoid Arthritis**  
**Overview:**  
Sophia Green, a 58-year-old retired nurse, has been living with rheumatoid arthritis (RA) for 8 years. RA is an autoimmune disorder affecting the joints. She lives at 890 Willow Street, Greenfield, MA, 01301. Contact number: (555) 567-8901.

**Medical History:**

* **Past Medical History:** Diagnosed with RA 8 years ago. Also has a history of osteoporosis.
* **Surgical History:** Underwent joint replacement surgery on both knees 3 years ago.
* **Family Medical History:** Mother had RA; father had osteoarthritis.
* **Allergies:** Allergic to certain NSAIDs.
* **Medications:** On disease-modifying antirheumatic drugs (DMARDs), corticosteroids, and pain relievers.
* **Lifestyle:** Engages in physical therapy, follows a balanced diet, and avoids smoking.

**Previous Doctors:**  
Dr. Linda Roberts, her rheumatologist, manages her RA treatment and monitors disease progression. Dr. Henry Adams, her primary care physician, coordinates overall care and monitors bone health.

**Symptoms:**  
Sophia experiences joint pain, stiffness, and swelling, especially in the morning. Symptoms are managed with medication and physical therapy.

**Diagnosis:**  
RA was diagnosed through clinical evaluation, blood tests showing rheumatoid factor, and imaging studies of affected joints.

**Treatment:**  
Treatment includes DMARDs, corticosteroids, and pain management. Regular physical therapy and follow-up visits are essential for managing symptoms and maintaining joint function.